

Pediatric Integrative Medicine

Building bridges between
conventional and
complementary medicine



Annual congress SSP

2020

June 4-5 Forum Fribourg



ssp sgp

SWISS SOCIETY OF PAEDIATRICS

Ihre Ärztinnen und Ärzte für Kinder und Jugendliche

Les médecins de vos enfants et adolescents

I medici dei vostri bambini e adolescenti

SAPPM / ASMPP

Gesellschaft Schweizer Akademie für
psychosomatische und psychosoziale Medizin

Preliminary program

MESSAGE OF WELCOME

Dear colleagues, dear friends,

On behalf of the Swiss Society of Paediatrics (SSP) and the Swiss Academy for Psychosomatic and Psychosocial Medicine (SAPPM), we kindly welcome you to the annual congress at the Forum Fribourg on June 4-5, 2020.

In daily practice, the paediatrician is often confronted with the question: «Doctor, why is my child ill?» This question directs attention to the disease-causing factors and thus to the pathogenesis of the disease. As soon as the diagnosis has been made, usually another question follows: «Doctor, what will make my child healthy (again)?» Aside from specific therapies, this question draws attention to health promotion factors and developmental conditions and, therefore, to salutogenesis. This approach plays an important role, whether the therapy is causal or symptomatic. These equal and complementary perspectives are also the basis for the distinction between risk factors and protective factors for the healthy development of children and adolescents.

With the enormous progress that has been made in conventional medicine, major successes have occurred in fields such as emergency medicine, intensive care and oncology. At the same time, complementary medicine therapies have strived to stimulate and support the promotion of health and the processes that maintain it. Although complementary medicine enjoys great popularity, its therapeutic potential is far from being used to the extent possible in paediatrics, nor is it being investigated scientifically to allow clear distinctions between effective and safe therapies and ineffective and dangerous therapies. Furthermore, according to a recently published study, two thirds of Swiss paediatricians are interested in training courses on complementary medicine to provide appropriate advice to their patients on this issue.

Just as the two questions posed by parents complement each other reasonably, together describing integrated patient care, the approaches of conventional and complementary medicine can together complement one another to use the entire range of therapeutic potential according to the principles of integrative medicine. The necessary dialogue between paediatricians in practice, paediatric specialists, experts and researchers is at the heart of the 2020 congress. It is guided by the motto «Building bridges between conventional and complementary medicine». We invite you to participate actively in stimulating discussions and fruitful exchanges.

We look forward to meet you in Fribourg.

On behalf of the local and scientific organising committee

Dr. med. Benedikt Huber
Senior consultant
Department of Paediatrics
Fribourg Hospital HFR

Prof. Dr. med. Denise Herzog
Senior consultant
Department of Paediatrics
Fribourg Hospital HFR

Prof. Dr. med. Pierre-Yves Rodondi
Director
Institute for Family Medicine
University of Fribourg

GENERAL INFORMATION

Congress venue

Forum Fribourg

Date

June 4/5, 2020

Scientific and organising committee

Dr. med. Benedikt Huber, Fribourg

Prof. Dr. med. Denise Herzog, Fribourg

Prof. Dr. med. Pierre-Yves Rodondi, Fribourg

Dr. med. Nadia Bernal, Fribourg

Dr. med. Dirk Büchter, St. Gallen (representative SAPPM/ ASMPP)

Dr. med. Heiner Frei, Laupen

Dr. med. Cosette Pharisa, Fribourg

Prof. Dr. med. Johannes Wildhaber, Fribourg

Dr. med. Petra Zimmermann, Fribourg

Administrative secretariat

BBS Congress GmbH, Rabbentalstr. 83, 3013 Bern

Phone: +41 31 331 82 75

www.bbscongress.ch

E-Mail: peter.salchli@bbscongress.ch

Accommodation

Link to the online-hotelreservation at www.bbscongress.ch.

We recommend an early reservation. Reservation deadline: 13.5.2020!

Congress dinner

Details of the congress dinner will be published in the main programme.

Registration

Online registration at www.bbscongress.ch from March, 2020, onwards.

A registration form will be included with the final programme, which will be sent to all SSP members in March 2020.

Registration deadline

31.5.2020

GENERAL INFORMATION

Participation fees	until	from
	30.4.2020	1.5.2020
Whole congress		
Members SSP	320 CHF	370 CHF
Non members SSP	370 CHF	420 CHF
Medical assistants / Nurses	150 CHF	200 CHF
Day passes		
Members SSP	180 CHF	200 CHF
Non members SSP	210 CHF	230 CHF
Medical assistants / Nurses	100 CHF	120 CHF

Abstracts

Abstracts for the SSP and the SwissPedNet session can be submitted from 1.10.2019 onwards.

You can specify a preference for presentation. The scientific committee will proceed to the final allocation.

Abstracts must be written in English.

Abstract submission at www.bbscongress.ch, please follow the instructions on this site.

All accepted abstracts will be published in a supplement to «Swiss Medical Weekly».

Abstract submission deadline

31.1.2020

Industrial exhibition

We would like to thank all the companies whose participation will contribute to the success of the event. A list of companies will be published in the final programme. All coffee breaks and lunches will be served in the exhibition.

PROGRAM AT A GLANCE

Donnerstag | **Jeudi** | Thursday, 4.6.2020

(D) = Deutsch; (F) = français; (E) = English

	Halle 4C	Halle 4B	Régie	Halle 4A	La Sarine	Le Chalet	Salle 3AB	Salle 3CD	Salle 3E	Halle 6
7.30	Eröffnung Kongresssekretariat <i>Ouverture de la réception et du secrétariat du congrès</i> Opening of congress secretariat									
8.00 – 9.00	Standespolitik SGP / <i>Politique professionnelle SSP</i>								Workshop 1 Self-Awareness/ Self-Care (F)	
9.00–10.30	PLENARY 1 Ouverture / Pediatric integrative medicine	POSTER				Cours pour les assistantes médicales de cabinet pédiatrique				
10.30–11.00	Kaffeepause <i>Pause-café</i> coffee break									
11.00–12.30	Session 1 Integrative pediatrics in hospitals (E)	POSTER	Freie Mittellungen 1 <i>Communications libres 1</i>	Session 2 Fever & Infection (E)	Workshop 2 Integrative pediatric oncology	Cours assistantes médicales	SimWars	SimWars	SwissPedNet Session 1	expo
12.30–14.00	Lunch in der Ausstellung <i>Lunch dans l'exposition</i> Lunch in the exposition									
13.00–14.00	Satellites 1	Postertour 1			Satellites 2				Satellites 3	expo
14.00–15.30	PLENARY 2 Psychosomatics & ADHD	POSTER				Cours assistantes médicales				expo
15.30–16.00	Kaffeepause <i>Pause-café</i> coffee break									
16.00–17.00	Session 3 Digitale Medien (D)	POSTER	Workshop 3 Complementary medicine for irritable bowel syndrome (D/E)	Session 4 Current challenges in medicine (E)	Session 5 SAPPM Essstörungen	Cours assistantes médicales	Workshop 4 Homéopathie (F)	Workshop 5 Homéopathie (D)	Session 6 Choosing wisely (E/D/F)	expo
17.00–18.30	General- versammlung SGP <i>Assemblée générale SSP</i>	POSTER							General- versammlung SAPPM <i>Assemblée générale ASMPP</i>	expo
19.00–20.00	Aperitif <i>Apéro (get together)</i> : Salle Grenette, Place de Notre-Dame 4, Fribourg (transfert avec TPF)									
20.00–01.00	Kongressabend <i>Soirée du congrès</i> Congress diner : Salle Grenette, Place de Notre-Dame 4, Fribourg									

PROGRAM AT A GLANCE

Freitag | **Vendredi** | Friday, 5.6.2020

(D) = Deutsch; (F) = français; (E) = English

	Halle 4C	Halle 4B	Régie	Halle 4A	La Sarine	Le Chalet	Salle 3AB	Salle 3CD	Salle 3E	Halle 6
7.30	Eröffnung Kongresssekretariat <i>Ouverture de la réception et du secrétariat du congrès</i> Opening of congress secretariat									
8.00 – 9.00	Session 7 Chronische Schmerzen (D)	POSTER	Workshop 6 Self-Awareness/ Self-Care (D)	Workshop 7 ADHD & Autism (E)	Workshop 8 Integrative Dermatologie (D)	Workshop 9 Phytothérapie infections aigües (F)	Workshop 10 Motivationsgespräch (D)	Workshop 11 Entretien motivationnel (F)	Workshop 12 Phytothérapie akute Infektionen (D)	
9.00–10.30	PLENARY 3 Irritable bowel syndrome	POSTER								
10.30–11.00	Kaffeepause <i>Pause-café</i> coffee break									
11.00–12.30	Kinderärzte Schweiz	POSTER	Workshop 13 Äussere Anwendungen (D+F)	Session 8 SAPP Psychosomatik + Misshandlung (D)	Research in pediatric integrative medicine	Session 9 SAPP Médecine psychosomatique + Maltraitance (F)	Workshop 14 Achtsamkeitsmeditation (D)	Freie Mitteilungen 2 Communications libres 2	SwissPedNet Session 2	expo
12.30–14.00	Lunch in der Ausstellung <i>Lunch dans l'exposition</i> Lunch in the exposition									
13.00–14.00	Satellites 4	Postertour 2	Versammlung SIGIP <i>Assemblée SIGIP</i>		Satellites 5	SGP Assistentensitzung SSP Réunion des internes			Satellites 6	expo
14.00–15.30	PLENARY 4 Asthma & Adolescent health	POSTER					SimWars	SimWars		
15.30–15.45	Kaffeepause <i>Pause-café</i> coffee break									
15.45–17.15	Session 10 Update on vaccination (D/E)	POSTER	Workshop 15 Akupunktur acupuncture (D+F)	Session 11 Adoleszentenmedizin <i>Médecine de l'adolescence</i> (F/D/E)	Workshop 16 Dermatologie integrative (F)	Workshop 17 Méditation en pleine conscience (F)			Session 12 Ernährung (D/E)	expo
17.30	Kongressende Fin du congrès End of congress									